

2025 CONCORDIA INVITE

CONCORDIA UNIVERSITY, NEBRASKA

FRIDAY, FEBRUARY 7, 2025

TENTATIVE Schedule

Field Events

12:00 pm	Weight Throw	(M)	Followed by Weight Throw	(W)
12:00	Long Jump	(W)	Followed by Triple Jump	(W) North Runway
12:00	Pole vault	(W)	Followed by Pole Vault	(M)
2:00	Long Jump	(M)	Followed by Triple Jump	(M) Infield Runway
4:00 <i>estimated</i>	Shot Put	(M)	Followed by Shot Put	(W)
4:00	High Jump	(W)	Followed by High Jump	(M)

RUNNING EVENTS – WILL NOT GO MORE THAN 10 MINUTES AHEAD OF SCHEDULE

2:00	4 x 800m Relay	(W)	4:20	600	(W)
2:15	4 x 800m Relay	(M)	4:30	600	(M)
2:30	60 Hurdles Prelims	(W)	4:40	3000m Race Walk	(W/M)
2:40	60 Hurdles Prelims	(M)	5:10	400	(W)
2:50	60 Dash Prelims	(W)	5:20	400	(M)
3:00	60 Dash Prelims	(M)	5:35	1000	(W)
3:10	800	(W)	5:45	1000	(M)
3:20	800	(M)	6:00	200	(W)
3:30	Mile	(W)	6:15	200	(M)
3:45	Mile	(M)	6:40	3000	(W)
4:00	60 Hurdles Final	(W)	6:55	3000	(M)
4:05	60 Hurdles Final	(M)	7:10	4 x 400m Relay	(W)
4:10	60 Dash Final	(W)	7:15	4 x 400m Relay	(M)
4:15	60 Dash Final	(M)			

