

2020 Concordia Cross Country Rosters

Men	Year	Hometown	Previous School
Antonio Blaine	So.	Golden, Colo.	Faith Christian HS
Keaton Burgess	Jr.	Red Cloud, Neb.	Red Cloud HS
Owen Dawson	So.	Cedar Falls, Iowa	Valley Lutheran HS
Brett Determan	Fr.	Cedar Falls, Iowa	Valley Lutheran HS
Ethan Hensley	Fr.	Golden, Colo.	Golden HS
Ricky Herman	Jr.	Springfield	Central HS
Deivydas Hermanas	Fr.	Dardenne Prairie, Mo.	Francis Howell HS
Ethan Ideus	Fr.	Seward, Neb.	Seward HS
Zachary Johnson	So.	Aberdeen, S.D.	Central HS
Wyatt Lehr	Jr.	Lamar, Colo.	Lamar HS
Jordan Lorenz	Sr.	Gretna, Neb.	Gretna HS
Ethan Pankow	Jr.	Milwaukee, Wis.	Milwaukee Lutheran HS
Zach Potratz	Sr.	Seward, Neb.	Seward HS
Nick Price	Jr.	Wamego, Kan.	Wamego HS / Highland CC
Caleb Roberts	Sr.	Wamego, Kan.	Wamego HS
Calvin Rohde	Fr.	Reed City, Mich.	Reed City HS
Cory Ruybalid	Fr.	Grand Island, Neb.	Heartland Lutheran HS
Camden Sesna	So.	Kearney, Neb.	Kearney Catholic HS
Brennan Taylor	Fr.	Seward, Neb.	Seward HS
Christian Watters	Sr.	Panama, Neb.	Norris HS
CJ Williams	Sr.	Saint Peters, Mo.	Lutheran HS
Micah Willweber	Fr.	Kailua, Hawaii	Kalaheo HS
Nicholas Zadar	Sr.	Boise, Idaho	Timberline HS

Women	Year	Hometown	Previous School
Lauren Ada	Fr.	De Soto, Kan.	The Lutheran HS of Kansas City
Amiah Akerson	Jr.	Pennock, Minn.	Kerkhoven-Murdock-Sunburg HS
Keri Bauer	Jr.	Pleasanton, Neb.	Pleasanton HS
Maddie Beran	Sr.	Grand Island, Neb.	Grand Island Northwest HS
Alyssa Bierwagen	Sr.	Sioux Falls, S.D.	Roosevelt HS
Emily Boyer	Sr.	Mullen, Neb.	Mullen HS
Sydney Clark	Sr.	Clive, Iowa	Des Moines Christian HS
Lydia Cook	Sr.	Perryville, Mo.	Perryville HS
Lauren Dawson	Fr.	Cedar Falls, Iowa	Valley Lutheran HS
Abi DeLoach	Jr.	Kearney, Neb.	Kearney HS
Alyssa Fye	Sr.	Randolph, Neb.	Randolph HS
Taylor Gipe	Sr.	Scottsbluff, Neb.	Scottsbluff HS
Peyton Gissler	Fr.	Malcolm, Neb.	Malcolm HS
Rylee Haecker	Fr.	Davenport, Neb.	Raymond Central HS
Kylahn Heritage	So.	Nampa, Idaho	Melba HS
Amie Martin	So.	Arnold, Mo.	Fox C-6 HS
Abigail Meier	Jr.	Lawrence, Kan.	Lawrence Free State HS
Hannah Mundt	So.	Blue Springs, Mo.	The Lutheran HS of Kansas City
Grace Pennekamp	Fr.	Fort Wayne, Ind.	Concordia Lutheran HS
Mary Pennekamp	Fr.	Fort Wayne, Ind.	Concordia Lutheran HS
Mollie Rathjen	So.	Osceola, Neb.	Osceola HS
Aubrey Rathke	Fr.	Fremont, Neb.	Homeschooled
Grace Reiman	Fr.	Hastings, Neb.	Adams Central HS
Malia Rolf	Fr.	Seward, Neb.	Seward HS
Abigail Staehr	So.	Grand Island, Neb.	Heartland Lutheran HS
Lainey Werts	Fr.	St. Edward, Neb.	St. Edward HS

Head Coach: Matt Beisel (5th year)

Assistant Coach: Mark Samuels