2024 GPAC XC Championships - 11/9/2024
Hosted by Doane University
Olsson XC Course at Mahoney State Park
Results

Event 1 Women 6k Run CC

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===================================================================================
    Name                       Year School            Avg Mile    Finals  Points
===================================================================================
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Results - Women

	Name	Year	School	Avg Mile	Finals	Points
1	Braun, Corinne	FR	Dordt	6:05.7	22:43.2	1
2	Webb, Isabella	SO	Dordt	6:07.3	22:49.1	2
3	Sporrer, Courtney	JR	Morningside	6:10.0	22:59.5	3
4	Burtis, Jaci	SO	Dordt	6:17.5	23:27.2	4
5	Thong, Hannah	FR	Dordt	6:18.4	23:30.6	5
6	Burtis, Jeni	SO	Dordt	6:18.8	23:32.3	6
7	Wittland, Calla	JR	Doane	6:19.8	23:35.9	7
8	Parriott, Danie	JR	Doane	6:20.3	23:37.8	8
9	Beisel, Keegan	JR	Concordia (Neb.)	6:22.9	23:47.5	9
10	Joiner, Courtney	JR	Dordt	6:25.5	23:57.1	10
11	Muller, Kara	FR	St. Mary (Neb.)	6:26.6	24:01.3	11
12	Henderson, Carly	FR	St. Mary (Neb.)	6:26.9	24:02.5	12
13	Opfer, Jessica	JR	Dordt	6:29.0	24:10.0	13
14	Koerner, Jada	SO	Dordt	6:30.4	24:15.2	
15	Hoogland, Olivia	FR	Dordt	6:30.4	24:15.4	
16	Wigdahl, Brooke	SR	St. Mary (Neb.)	6:33.2	24:25.9	14
17	Rogge, London	JR	Morningside	6:33.5	24:27.0	15
18	Kaschinske, Rhaya	SR	Concordia (Neb.)	6:34.2	24:29.5	16
19	Mead, Corinne	JR	St. Mary (Neb.)	6:35.8	24:35.4	17
20	Haley, Emma	SR	Northwestern (Iowa)	6:35.8	24:35.7	18
21	Lippold, Kenzy	FR	Doane	6:36.8	24:39.1	19
22	Staab, Annika	FR	Concordia (Neb.)	6:37.3	24:41.0	20
23	McKown, Eliza	SO	Waldorf	6:38.2	24:44.5	21
24	Schlachter, Annaka	FR	Concordia (Neb.)	6:39.7	24:50.1	22
25	Fosmer, Mira	SO	St. Mary (Neb.)	6:41.4	24:56.4	23
26	Hasemann, Laura	SO	Doane	6:43.5	25:04.3	24
27	Dow, Grace	SO	Hastings	6:44.5	25:08.0	25
28	Ramsgard, Isabella	FR	Mount Marty	6:46.5	25:15.2	26
29	Hough, Allison	SO	Northwestern (Iowa)	6:47.1	25:17.5	27
30	Zuehl, Nicole	JR	Morningside	6:47.2	25:18.2	28
31	Chaparro Belloc, Cynthia	SR	Hastings	6:48.3	25:22.0	29
32	Catron, Delaney	SO	Doane	6:48.9	25:24.2	30
33	Schroeder, Macy	FR	Northwestern (Iowa)	6:49.3	25:25.9	31
34	Ervin, Abby	SR	Northwestern (Iowa)	6:49.6	25:27.1	32
35	Mulder, Molly	JR	Dordt	6:49.7	25:27.4	
36	Jander, Ellie	JR	Concordia (Neb.)	6:50.8	25:31.6	33
37	Heins, Kelsie	SO	Concordia (Neb.)	6:52.0	25:35.8	34
38	Beintema, Hannah	JR	Concordia (Neb.)	6:52.8	25:39.0	35
39	Simons, Autumn	SR	St. Mary (Neb.)	6:53.0	25:39.6	36
40	Leuenberger, Danika	FR	Midland	6:54.4	25:44.9	37
41	Juan Jesus, Yenifer	SO	St. Mary (Neb.)	6:55.8	25:50.0	38
42	Engelmann, Brielle	SO	Northwestern (Iowa)	6:55.9	25:50.5	39
43	Gosch, Alexis	SO	Mount Marty	6:56.1	25:51.0	40
44	Martinson, Christina	FR	Concordia (Neb.)	6:56.7	25:53.3	
45	Stepanek, Alison	FR	Concordia (Neb.)	6:56.8	25:53.8	
46	Bergstrom, Maddie	FR	Midland	6:57.1	25:54.9	41
47	Wood, Danielle	SR	Waldorf	6:57.3	25:55.7	42
48	Colbert, Grace	SO	Doane	6:57.4	25:56.2	43
49	Sarabia, Nevaeh	SR	Midland	6:58.3	25:59.5	44
50	Ryan, Gabby	SO	Morningside	6:59.5	26:03.8	45
51	Bradford, Alison	FR	Doane	7:00.6	26:08.2	46

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....**Event 1　Women 6k Run CC**

52	Karnik, Becka	FR St. Mary (Neb.)	7:00.7	26:08.5	
53	Ramey, Maddy	SO Doane	7:01.3	26:10.7	
54	Fehr, Julia	SR Northwestern (Iowa)	7:01.8	26:12.4	47
55	Briggs, Natalie	SO St. Mary (Neb.)	7:02.9	26:16.6	
56	Fryar, Brooklyn	FR Northwestern (Iowa)	7:03.0	26:17.0	48
57	Santos, Shania	SR Hastings	7:03.3	26:18.0	49
58	Padavich, Paige	SR Morningside	7:05.5	26:26.2	50
59	Zeutenhorst, Kendra	FR Northwestern (Iowa)	7:05.7	26:27.1	
60	Miles, Marissa	FR Doane	7:05.8	26:27.6	
61	Brackhan, Ava	JR Hastings	7:05.9	26:27.6	51
62	Iwata, Katelyn	FR Doane	7:07.1	26:32.3	
63	DeGeest, Makaen	SR Dakota Wesleyan	7:07.2	26:32.8	52
64	Beikmann, Claire	SO Concordia (Neb.)	7:07.5	26:33.7	
65	Anderson, Olivia	SR Northwestern (Iowa)	7:07.8	26:34.9	
66	Rogers, Kiera	FR Northwestern (Iowa)	7:10.3	26:44.2	
67	Dahlhauser, Lillian	FR Morningside	7:13.4	26:55.6	53
68	Golus, Jilee	SR Hastings	7:15.7	27:04.2	54
69	Karnik, Josie	FR St. Mary (Neb.)	7:22.9	27:31.2	
70	Cure, Whitney	SO Hastings	7:23.6	27:33.6	55
71	Seebohm, Mikayla	JR Hastings	7:27.8	27:49.5	56
72	Fierro, Jillian	SO Morningside	7:28.2	27:50.9	57
73	Peck, Brandi	SO Waldorf	7:32.9	28:08.3	58
74	Russell, Maria	JR Briar Cliff	7:35.3	28:17.4	59
75	Beller, Avery	JR Briar Cliff	7:36.9	28:23.4	60
76	Quimiro-Rosales, Ashley	FR Briar Cliff	7:37.7	28:26.3	61
77	Murphy, Caley	SO Dakota Wesleyan	7:38.4	28:28.8	62
78	Brandt, Brooklyn	FR Hastings	7:39.9	28:34.5	
79	Stapek, Ella	JR Morningside	7:41.0	28:38.7	
80	Erk, Rachel	FR Mount Marty	7:50.7	29:14.7	63
81	Basham, Aliyah	SO Briar Cliff	7:59.8	29:48.6	64
82	Drowne, Dala	FR Midland	8:01.0	29:53.0	65
83	Ruden, Sophie	SO Briar Cliff	8:04.4	30:05.8	66
84	Wahlstrom, Josey	SO Mount Marty	8:23.7	31:17.7	67
85	George, Ashinee	SR Mount Marty	8:37.3	32:08.3	68
86	Pipkin, Shyanne	JR Midland	8:43.9	32:33.2	69
87	Benson, April	FR Briar Cliff	9:06.8	33:58.6	70
88	de Oliviera Harman, Lari	FR Waldorf	9:12.2	34:18.8	71
89	Rodgers, Amber	SO Midland	9:41.1	36:06.4	72
90	Torres, Alexa	FR Waldorf	10:43.4	39:58.7	73
91	Palisoc, Erica	FR Waldorf	10:51.6	40:29.2	74
92	Heinen, Lizzy	FR Dakota Wesleyan	11:31.8	42:59.1	75
93	Ludwig, Ava	FR Dakota Wesleyan	11:31.9	42:59.3	76
94	Ruelas-Hertz, Stacy	FR Dakota Wesleyan	12:30.2	46:37.0	77
--	McLawyer, Ami	FR Mount Marty		DNS	
--	Hutchinson, Meghan	FR Dakota Wesleyan		DNS	
--	Goebel, Tanley	JR Dakota Wesleyan		DNS	
--	Johnson, Destini	FR Hastings		DNS	
--	Mammen, Jade	JR Briar Cliff		DNS	
--	Meyer, Tiegan	SO Dakota Wesleyan		DNS	
--	Oswald, Hailey	SO Dakota Wesleyan		DNS	
--	Deffenbaugh, Dani	SO Dakota Wesleyan		DNS	
--	Smith, Josie	SO Concordia (Neb.)		DNS	
--	Hulzebos, Karina	SO Northwestern (Iowa)		DNS	
--	Hoer, Danie	SO Hastings		DNS	

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```
-- Anema, Samantha          SR Dordt                        DNS
-- Nix, Katelyn             SR Concordia (Neb.)             DNS
-- Graber, Olivia           SO Dordt                        DNS
-- Craft, Kiley             JR St. Mary (Neb.)              DNS
-- Crow, Adeline            FR Dordt                        DNS
-- Hursh, Jenna             FR Dordt                        DNS
-- Edmonds, Lydia           FR Concordia (Neb.)             DNS
-- Hofmann, Becca           FR Northwestern (Iowa)          DNS
-- Spencer, Kenzie          FR Doane                        DNS
-- Thalman, Kaitlyn         SO St. Mary (Neb.)              DNS
-- Lytle, Emily             SO Doane                        DNS
-- O'Connor, Marissa        SO Waldorf                      DNS
-- Bell, Peyton             SO St. Mary (Neb.)              DNS
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```
                             Team Scores
=================================================================================
Rank Team                  Total    1    2    3    4    5   *6   *7   *8   *9
=================================================================================
Results - Women
  1 Dordt                     18    1    2    4    5    6   10   13
     Total Time:  1:56:02.40
        Average:    23:12.48
  2 St. Mary (Neb.)           77   11   12   14   17   23   36   38
     Total Time:  2:02:01.50
        Average:    24:24.30
  3 Doane                     88    7    8   19   24   30   43   46
     Total Time:  2:02:21.31
        Average:    24:28.26
  4 Concordia (Neb.)         100    9   16   20   22   33   34   35
     Total Time:  2:03:19.70
        Average:    24:39.94
  5 Morningside              141    3   15   28   45   50   53   57
     Total Time:  2:05:14.70
        Average:    25:02.94
  6 Northwestern (Iowa)      147   18   27   31   32   39   47   48
     Total Time:  2:06:36.70
        Average:    25:19.34
  7 Hastings                 208   25   29   49   51   54   55   56
     Total Time:  2:10:19.80
        Average:    26:03.96
  8 Midland                  256   37   41   44   65   69   72
     Total Time:  2:20:05.50
        Average:    28:01.10
  9 Mount Marty              264   26   40   63   67   68
     Total Time:  2:23:46.90
        Average:    28:45.38
 10 Waldorf                  265   21   42   58   71   73   74
     Total Time:  2:33:06.00
        Average:    30:37.20
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....Event 1   Women 6k Run CC

```
11 Briar Cliff                    310    59    60    61    64    66    70
   Total Time:  2:25:01.50
      Average:    29:00.30
12 Dakota Wesleyan                342    52    62    75    76    77
   Total Time:  3:07:37.00
      Average:    37:31.40
```

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Event 2   Men 8k Run CC

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===================================================================================
    Name                     Year School          Avg Mile    Finals  Points
===================================================================================
Results - Men
  1 Hendrickson, Vaughn      FR Concordia (Neb.)    5:10.7    25:44.1    1
  2 Robertson, Trey          SO Concordia (Neb.)    5:12.2    25:51.7    2
  3 Summerhays, Ethan        SR Dordt               5:13.2    25:56.7    3
  4 Yego, Emmanuel           JR Doane               5:13.8    25:59.9    4
  5 Oliver, Thomas           SR Doane               5:14.8    26:04.7    5
  6 Ferrari, Logan           SR Mount Marty         5:15.7    26:09.1    6
  7 Vorster, Aidan           SR Dordt               5:16.4    26:12.8    7
  8 Swanson, Luke            JR Dordt               5:17.2    26:16.6    8
  9 Hulstein, Tage           JR Dordt               5:17.9    26:19.9    9
 10 Cross, Joseph            FR Mount Marty         5:19.5    26:28.1   10
 11 Grigsby, Michael         JR Doane               5:20.1    26:31.2   11
 12 Bickley, Porter          FR Doane               5:21.5    26:37.8   12
 13 Ruto, Nelson             JR Doane               5:21.9    26:39.9   13
 14 Landman, Levi            JR Dordt               5:22.0    26:40.7   14
 15 Wall, Jayden             FR Doane               5:22.2    26:41.5   15
 16 Limback, Aidan           SO Concordia (Neb.)    5:24.3    26:51.9   16
 17 Hjortkjaer, Lucas        SO Midland             5:25.1    26:56.0   17
 18 Tadlock, Jakob           SR Doane               5:26.6    27:03.3   18
 19 Johnson, Truman          FR Dordt               5:26.8    27:04.3   19
 20 May, Sam                 JR Dordt               5:27.5    27:07.6   20
 21 Jelleberg, Tatum         SR Hastings            5:28.3    27:11.8   21
 22 Vander Leest, Derrek     JR Dordt               5:29.6    27:18.2
 23 Bonifas, Luke            JR Doane               5:30.4    27:22.2
 24 Wittenberg, Josiah       JR Dordt               5:30.7    27:23.6
 25 Gorline, Thomas          SR Concordia (Neb.)    5:31.0    27:25.1   22
 26 McIlravy, Alik           FR Northwestern (Iowa) 5:31.3    27:26.9   23
 27 Mahoney, Jon             SR Midland             5:32.1    27:30.9   24
 28 VanDeBerg, Ben           JR Northwestern (Iowa) 5:33.5    27:37.4   25
 29 Kuncl, Trevor            JR Concordia (Neb.)    5:34.2    27:40.9   26
 30 Blankenship, Duncan      SR Doane               5:35.8    27:48.9
 31 Miles, Jarrett           FR Concordia (Neb.)    5:36.4    27:51.9   27
 32 Engel, Parker            FR Northwestern (Iowa) 5:37.6    27:58.0   28
 33 Dawes, Will              JR Doane               5:38.6    28:03.2
 34 Koontz, Owen             SO Mount Marty         5:38.7    28:03.5   29
 35 Burks, Deshawn           JR Hastings            5:39.2    28:05.9   30
 36 Obbink, Trace            FR Dordt               5:39.3    28:06.4
 37 Engelmann, Trey          SR Northwestern (Iowa) 5:39.8    28:09.0   31
 38 Ellis, Jack              SR Concordia (Neb.)    5:40.1    28:10.3   32
 39 Pennekamp, Nathan        SR Concordia (Neb.)    5:40.1    28:10.4
 40 Sholey, Ethan            FR Concordia (Neb.)    5:40.1    28:10.5
 41 Aragon, Isaiah           FR Northwestern (Iowa) 5:41.0    28:15.1   33
 42 Van Sickle, Carson       FR Northwestern (Iowa) 5:41.7    28:18.6   34
 43 Korir, Kelvin            FR Midland             5:42.1    28:20.2   35
 44 Stoeckermann, Henri      SR Midland             5:43.2    28:25.6   36
 45 Struss, Evan             FR Hastings            5:43.3    28:26.6   37
 46 Taylor, Braden           FR Midland             5:43.4    28:26.6   38
 47 Hicks, RC                JR Morningside         5:45.1    28:35.5   39
 48 Hughes, Ashton           SO Northwestern (Iowa) 5:46.5    28:42.1   40
 49 Sonksen, Braden          FR Morningside         5:52.5    29:12.3   41
 50 Tvedt, Tague             JR Mount Marty         5:52.9    29:14.2   42
 51 Brough, Braeden          JR Northwestern (Iowa) 5:53.2    29:15.8
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....Event 2 Men 8k Run CC

52	Nagle, James	FR Briar Cliff	5:54.5	29:22.0	43
53	Huston, Jake	FR Northwestern (Iowa)	5:55.1	29:25.3	
54	Cerveny, Blake	FR Morningside	5:57.7	29:38.2	44
55	Kueny, Jacob	SO Mount Marty	5:58.5	29:41.8	45
56	Salter, Tyler	JR Hastings	5:59.8	29:48.6	46
57	Engbers, Carson	SO Northwestern (Iowa)	6:00.5	29:52.0	
58	Steenblok, Koen	FR Midland	6:03.8	30:08.0	47
59	Ramold, Austin	JR Morningside	6:05.3	30:15.5	48
60	Kruger, Casey	JR Morningside	6:07.2	30:25.1	49
61	Yunker, Cole	FR Concordia (Neb.)	6:07.2	30:25.2	
62	Varner, Zaelyn	FR Mount Marty	6:07.3	30:25.7	50
63	Johnson, Landen	FR Dakota Wesleyan	6:07.5	30:26.5	51
64	Chrisler, Ian	FR Dakota Wesleyan	6:10.6	30:41.9	52
65	Grave, Felix	SR Midland	6:15.4	31:05.8	53
66	Hoseth, Demetry	FR Briar Cliff	6:20.4	31:30.9	54
67	Cote, Isaiah	FR Waldorf	6:20.9	31:33.3	55
68	Wise, Sam	JR Hastings	6:21.1	31:34.3	56
69	Imm, Adrian	FR Midland	6:21.5	31:36.2	
70	McCafferty, Hudson	FR Midland	6:24.9	31:53.2	
71	Robinson, Zach	FR Dakota Wesleyan	6:28.0	32:08.6	57
72	MacClure, Nathanial	FR Briar Cliff	6:30.9	32:23.2	58
73	Lopez, Rodrigo	JR Morningside	6:31.3	32:25.2	59
74	Jackson, Daron	SR Briar Cliff	6:32.2	32:29.5	60
75	Dietterle, Gage	SO Dakota Wesleyan	6:33.3	32:35.1	61
76	Lewandowski, Luke	JR Hastings	6:37.6	32:56.1	62
77	Lopez, Jose	JR Morningside	6:38.7	33:02.0	63
78	Phillips, David	JR Mount Marty	6:41.7	33:16.5	64
79	Frias, Brandon	FR Waldorf	6:42.6	33:21.2	65
80	Santiago, Alan	SO Mount Marty	6:43.8	33:27.2	
81	Mora, Gabriel	FR Morningside	6:55.3	34:24.4	
82	Stoa III, Jay	FR Midland	7:00.9	34:52.4	
83	Dominique, Brunelson	SO Waldorf	7:14.9	36:02.0	66
84	Hohn, Gage	FR Dakota Wesleyan	7:15.6	36:05.4	67
85	Antonino, Connor	SO Briar Cliff	7:17.3	36:13.8	68
86	Mayer, Cody	FR Waldorf	7:45.4	38:33.5	69
87	Nielsen, Barrett	JR Dakota Wesleyan	9:01.5	44:51.9	70
88	Williams, Michael	FR Waldorf	9:01.9	44:53.8	71
--	McKinley, Eein	SO Morningside		DNF	
--	Benitez, Oscar	FR Morningside		DNF	
--	Celio, Juan	SR Briar Cliff		DNS	

```
                        Team Scores
=============================================================================
Rank Team                 Total    1    2    3    4    5   *6   *7   *8   *9
=============================================================================
Results - Men
  1 Dordt                   41     3    7    8    9   14   19   20
      Total Time:  2:11:26.70
         Average:    26:17.34
```

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....**Event 2   Men 8k Run CC**

2 Doane	45	4	5	11	12	13	15	18
Total Time: 2:11:53.50								
Average: 26:22.70								
3 Concordia (Neb.)	67	1	2	16	22	26	27	32
Total Time: 2:13:33.70								
Average: 26:42.74								
4 Mount Marty	132	6	10	29	42	45	50	64
Total Time: 2:19:36.70								
Average: 27:55.34								
5 Northwestern (Iowa)	140	23	25	28	31	33	34	40
Total Time: 2:19:26.40								
Average: 27:53.28								
6 Midland	150	17	24	35	36	38	47	53
Total Time: 2:19:39.30								
Average: 27:55.86								
7 Hastings	190	21	30	37	46	56	62	
Total Time: 2:25:07.20								
Average: 29:01.44								
8 Morningside	221	39	41	44	48	49	59	63
Total Time: 2:28:06.60								
Average: 29:37.32								
9 Briar Cliff	283	43	54	58	60	68		
Total Time: 2:41:59.40								
Average: 32:23.88								
10 Dakota Wesleyan	288	51	52	57	61	67	70	
Total Time: 2:41:57.50								
Average: 32:23.50								
11 Waldorf	326	55	65	66	69	71		
Total Time: 3:04:23.80								
Average: 36:52.76								